

Local

Friday, August 14, 2020



The period between July and August is the season to harvest dates in Kuwait, as palm trees around the country bear fruit during this time of the year. Dates are commonly divided into three main categories based on the fruit's level of ripeness: the 'balaḥ' or when the fruit retains a yellowish color and hard shell, the 'rutab' or when the fruit's shell appears

half ripe, and the 'tamr' or when the fruit is fully ripe and appears in its well-known brownish color. Dates are popular in their three different stages of ripeness in Kuwait and the Arab Peninsula, where they are all harvested and eaten on different occasions.

— Photos by Yasser Al-Zayyat

