

Health & Science

# New breakthrough treatment for Multiple Sclerosis in Kuwait

**KUWAIT:** The latest breakthrough treatment for relapsing remitting multiple sclerosis (RRMS) has been officially launched in Kuwait. The Ministry of Health approved the first oral short-course treatment by leading science and technology company - Merck, which provides up to 4 years of disease control after being taken orally for just 20 days over 2 years. MAVENCLAD (Cladribine Tablets) was launched yesterday at the Salwa Al-Sabah Conference Center in Kuwait City in the presence of healthcare professionals from across the region.

One of the most common neurological conditions in the world, Multiple Sclerosis is an autoimmune condition, wherein the body attacks itself by progressively destroying the myelin sheaths that protect the nerves in the brain and spine, thus disrupting the flow of information between brain and body. 2.3 million people have been diagnosed worldwide according to the National Multiple Sclerosis Society, while it usually affects those between the ages of 20 and 40. In Kuwait, there has been an increase in the prevalence of Multiple Sclerosis over the years, and a study between 2010 to 2013 identified 1,176 MS patients of which 78.1 percent were Kuwaitis and the remaining 21.2 percent expatriates.

"As healthcare professionals, we always seek to offer our patients the best treatment options and care and we look forward to having them accessible in Kuwait. The introduction of this unparalleled and breakthrough treatment will offer hope to many patients who have been dealing with this disease. Not only does it renew hope, it also helps provide them with a better quality of life", said Dr Raed Roughani, Consultant Neurologist; Director of MS Clinic at Al Amiri. "I am very happy that they can



now look to a more hopeful future" he added. With symptoms varying among patients, diagnosis and treatment solutions have proven challenging over the years, however, the latest treatment is the outcome of more than 14 years of dedicated research and is the first-time patients can be up to 75 percent relapse free for four years after administering the course. People with relapsing multiple sclerosis are uncertain about when the next

flare up might occur, and often find it difficult to perform day-to-day activities such as buttoning a shirt or having a small walk which can cause discomfort and affect the quality of life.

"While there's no permanent cure just yet, this treatment has come the closest so far, and helps to restore a significant degree of normalcy in the lives of patients. It is also very easy to administer in the com-

fort of the patient's own home, without the need for frequent hospital visits, and also reduces overall cost of treatment. We are grateful to the Ministry of Health Kuwait for their unwavering efforts to enhance their healthcare offering and for making this groundbreaking treatment accessible to its citizens," said Yasser Tawfik, General Manager - GCC Region (Saudi Arabia and Gulf countries).

CLINIC  
PAGE

248 33 199

### ENDOCRINOLOGY, DIABETES & METABOLISM

These services include, but are not limited to, the below:

- Diabetes (Type I, Type II and Gestational Diabetes)
- Pituitary and adrenal glands disorders
- Thyroid nodules and thyroid cancer
- Thyroid hormone disorders
- Vitamin D deficiency
- Calcium disorders and osteoporosis
- Male hypogonadism
- Premature menopause and menopausal symptoms

1808088 taibahospital.com  
@taibahospital

### ENDOCRINOLOGY, DIABETES & METABOLISM

**Dr. Thamer Alessa**  
Endocrinology and Diabetes Consultant

1808088 taibahospital.com  
@taibahospital

FOLLOW US ON SOCIAL MEDIA @hadclinickw

Tel: 1828282  
Whatsapp Us  
+965-6000 2184

**Dr. Ahmed Hosni Abd Elhamid**  
Consultant

**Dr. Rany Essam Mitwally**  
Senior Registrar

**Dr. Abeer Khattab**  
Specialist

**Ophthalmology Services**

Cataract Surgery

Glaucoma

Retina

General Ophthalmology

Follow-Up All Treatments

## Dr Sahar Ghannam

Dermatology consultant, skin treatment and laser

**Timing: Saturdays and Wednesdays from 10 am to 5 pm**  
Sunday, Monday and Tuesday from 9:30 am to 5 pm  
Thursday from 9:30 am until 1 pm

**Friday is a holiday.**

Address: Fourth Ring Road - Abdallah Fadalh Street, Meidan Hawally, opposite fire station - block 35, building 31.  
Clinic Phones: 25610407/ 409/ 314 Fax: 25610465  
Mobaile: 90974754/ 99166746

saharpolyclinic | Dr.saharghannamsclinic | Email: drsgderma@gmail.com

**To advertise on this Page**  
Call: 24833199 ext:101,102 or Direct line: 24835616 / 24835617  
or email: ads@kuwaittimes.com

**WELCOME**

**Dr Tammam Abou Ali**  
Consultant ENT, Head & Neck, Facial Plastic Surgeon.

Following of the royal college of surgeons in UK and Ireland, 10 years work experience in Zaha Hospital W38 Kuwait.  
Ex Head of ENT department in Jawaher Hospital W38 Kuwait, 10 years work experience in UK and Ireland.

- Endoscopic Sinus Surgery
- Septoplasty and turbinate reduction surgery by laser or RF
- Snoring and OSAP Surgery
- Rhinoplasty with open and closed techniques
- Microscopic Middle Ear Surgery and Tympanoplasty
- Salivary gland and parotid surgery
- Thyroid and parathyroid surgery
- Micro laryngeal surgery

**1 888 883**  
www.qmckuwait.com

qmckuwait

### Our Doctors Provide care For the entire Family

Book your appointments today!

**Dr. Kiran Turaka**  
Ophthalmologist

**Dr. Zareena Zahir**  
Ophthalmologist

**Dr. Hasan Khan**  
Senior Cardiologist

**Dr. P. Seshendra Nath**  
Orthopedic Consultant (AUSTRIA)  
Specialised in Neck, Shoulder, Hip and Knee

**50721507**  
**24551555**  
www.exircenterku.com

**EXIR MEDICAL SUBSPECIALITIES CENTER**  
Block No.4 Jahra - Kuwait

Tel : 24560857 / 24560859 info@exircenterku.com www.exircenterku.com