



Colorful boats and colorful temples at Uppuveli

Sun, sand and Sigiriya: Tips for family travel in Sri Lanka

After a tumultuous two decades of political instability and civil war, calm has returned to Sri Lanka, and visitors are flooding back. This Indian Ocean island has a deserved reputation as a top spot for adventurous backpackers, but going for a family holiday - was that a step too far? As a travel writer, I needed to find out. Luckily, my wife loves adventure, and the kids were happy to come along for the ride, so we set out in search of the perfect Indian Ocean family holiday.