



ALEXANDRA BURKE SEEING GHOST OF HER LATE MOTHER

The 29-year-old pop star was left devastated over the summer when her mum Melissa Bell - who was one of the lead singers of the R&B band Soul II Soul - tragically passed away from a lengthy battle with kidney failure, but she has admitted her death is still something she's coming to terms with because she's been seeing her sitting in the audience with her brother every week when she performs on 'Strictly Come Dancing.' Speaking to HELLO! magazine, she said: "I think mum is watching over me ... When the camera panned to the audience, I saw my mum sitting with my brother and I choked up. Then it hit me that she wasn't there." And the time she saw her mum's figure sitting in the audience happened to be the

week Alexandra score a 39 out of 40 for her Jive to Tina Turner's 'Proud Mary'. She explained: "I can't even begin to describe how it felt losing mum and I'm still grieving. I'm feeling all kind of weird feelings. One minute I'm really happy and then I'll see a picture of smell something that reminds me of her and it takes me all the way back. Losing my mum so young made me question my faith in God and so many things because I was completely in denial with how sick she was." Alexandra found out her mum had kidney failure when she auditioned for 'The X Factor', which she went on to win, in 2008 and has admitted she'd love nothing more than to go back to her routes once the ballroom and latin show has wrapped up.

Stormzy annoying his girlfriend Maya with loud snoring

The 23-year-old TV presenter has bemoaned that the 24-year-old grime rapper is interrupting her slumber with his nasal noise most nights. Maya told BBC Radio 1 Breakfast Show host Nick Grimshaw her boyfriend's most annoying habits ahead of his interview on the UK station yesterday, accusing him of being a "duvet hog" and a snoring sleeper. But Stormzy isn't convinced he's a loud snorer and says he won't accept her moan until she can present him with evidence. After being told what Maya thinks his worst habits are by Nick, 33, Stormzy said: "You know what, I'm not convinced that I snore. This is how I see it, we go to bed, we wake up, she says, 'You were snoring.' Where's the evidence? You get what I mean? I just wake up to a new accusation or new charge of, 'Yes, you were snoring.' Maybe she was snoring, I don't know. I'm not buying it. Duvet hogging I'll take that because there's evidence." Stormzy and 'Cannonball' presenter Maya have been dating since 2015 and the 'Big for Your Boots' hitmaker recently admitted he is planning to make Maya his wife. He said: "I'm still so young but I want to propose, it's going to happen and I will do it right. She is so sick, she is the best." Despite their relationship garnering more and more attention from fans as the romance gets stronger, the pair are keen to keep things under wraps as Maya wants to keep the focus on their respective careers rather than their love life.



Karen Gillan insists she is a 'pretty awkward person'

The 29-year-old actress portrays commando Ruby Roundhouse in forthcoming film 'Jumanji: Welcome to the Jungle' but admits in real life she is much more like her alter-ego's avatar Martha Schwartz - played by Morgan Turner - who is a shy bookworm. She said: "Honestly, I'm Martha. I completely understand why I was cast in this role because I'm a pretty awkward person in general. But I keep getting cast in these kicka** roles, so I just honestly feel like it's so close to my life." The former 'Doctor Who' star - who portrays alien supervillain Nebula in the 'Guardians of the Galaxy' film franchise - cannot work out why she has been cast in such tough-female roles, but thinks it is something to do with her 5ft 11inch frame. She said: "I don't know, that's something I'm trying to work out. It might be because I'm tall?" While Karen enjoys taking on the parts, she felt right at home recently when she stepped behind the camera for her forthcoming big screen directorial debut in 'The Party's Just Beginning', which she also stars in and wrote. Speaking to Virgin Atlantic's Vera Magazine, the brunette - who helmed two short films, 'Coward', and 'Conventional', in 2015 - added: "I loved it so much. It's just something I want to do more and more now. When I was a kid, before I decided that I wanted to be an actress, I had this video camera, which was my prize possession, and I was making horror films in my house and using my friends and parents as actors. "If we go right back to the beginning that was everything to me, and I feel like I've finally like made my way back to that, because it felt the same as making tiny films, just on a bigger scale."



Bieber called a 'vile human' by Selena Gomez's family member

The 'Never Say Never' hitmaker met up with the 25-year-old singer - who he was involved in an on/off relationship with between 2011 and 2014 - on Sunday at JOi Cafe in Westlake Village, California, but one of her relatives is not happy about the reunion. A member of Selena's family is said to have told gossip website TMZ: "Justin is a vile human and will never be accepted by us. As long as she is even speaking to him in any way, it is not only disrespectful to everyone around her, it is disrespectful to herself." Justin, 23, wore a hoodie and Selena a striped dress for their meeting at the cafe, where they were for around 25 minutes. A source said: "They seemed friendly. There was no PDA." It comes shortly after the pair are said to have met up at the 'Wolves' hitmaker's house which led to speculation they could be set to rekindle their romance - but Selena is still dating singer The Weeknd. A source said: "Selena is still with The Weeknd, and she only sees Justin as a friend. "Selena is the one who got Justin involved in this church. It was her attempt to help turn his life around, and it really did help. He's really committed to it and has formed a strong network. So, they have a lot of mutual friends now from that." Another insider explained: "They are not dating, it's nothing romantic. "Justin and Selena are just friends right now. They reconnected and, right now, Justin wants to be a good friend to her. At least for now, it's a friendship."



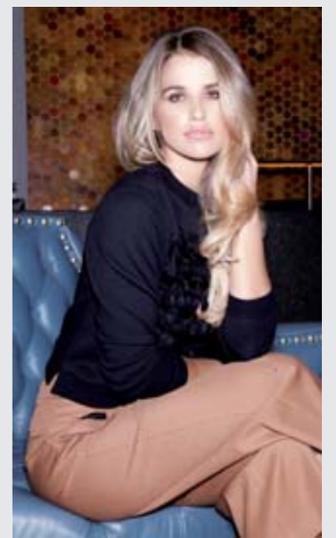
Eva Longoria has broken her leg

The former 'Desperate Housewives' star was spotted with a mystery boot on last week and it has now been revealed she suffered the injury while on holiday in Spain, and doctors decided she needed the leg brace to help her bone heal. Sources close to the 42-year-old actress told The Blast she recently aggravated some of the tendons around the bone. With the raven-haired beauty set to do some directing work on 'The Mick' and 'LA Vegas', she was advised to wear the boot to aid her recovery. Despite the inconvenience such a leg brace might cause, she is said to be planning to keep working through the injury. Eva was spotted wearing the medical footwear at a Los Angeles launch party last week alongside her pal Victoria Beckham, who made a cheeky dig at her friend's new look. Alongside a picture of the pair sitting down, she wrote the Instagram caption: "Nice boot!! Love u @evalongoria X #fashionforward (sic)" Last month, Eva reunited with her fellow 'Desperate Housewives' co-star and pal Felicity Huffman on the red carpet for her Eva Longoria Foundation annual dinner at the Four Seasons Hotel in Beverly Hills - but she wasn't wearing the boot then.



Vogue Williams was told to 'lose weight'

The 32-year-old Irish model has admitted she was urged to shed the pounds "a couple of times" during her career, and she wouldn't get booked for certain modeling jobs because of her size, although she was adamant she was not going to change her appearance just to star in a campaign. Speaking about the obstacles faced throughout her career, the blonde-haired beauty said: "In Ireland the modeling industry is less about being skinny. I've had agents tell me to lose weight a couple of times, but it's not something I ever did. I am what I am and I don't book certain jobs for that reason. I'd never change myself or my weight because someone else told me to. "I was 17, but I think comments like that affect you at any age." And the 'Bear Grylls: Mission Survive' champion - who won the series in 2015 - has revealed she is still subjected to "fat shaming" and "skinny shaming" all the time, which she thinks is "disgusting". She said: "Even now, I can be fat shamed and skinny-shamed all in the same day. I don't think it's right that anyone should attack you so personally about your own body size or weight. It's absolutely disgusting." Vogue - who is currently dating former 'Made In Chelsea' star Spencer Matthews - has revealed she "once" tried going on a juice diet, but she "couldn't stand" forsaking her meals because she has an "obsession" with food. She explained to OK! magazine: "I did a juice diet once but I only lasted until lunchtime. I couldn't stand it" I have an obsession with food and I couldn't bear not having the food I wanted."



Scherzinger works out with David Beckham

The 39-year-old singer boasts a super toned physique, and the brunette beauty has revealed she maintains her slender frame by attending spin classes with the former England football Captain when she is in Los Angeles, California, because they both have the "same favorite teacher" at the fitness centre. Speaking to Hello! magazine about her exercise plan and partner, she said: "I've taken SoulCycle spinning classes with David in LA because we have the same favorite teacher that we love there." And 'The X Factor' judge has admitted fashion designer Julien Macdonald has asked the 'Right There' hitmaker to exercise with her and the football ace - who has sons 18-year-old Brooklyn, Romeo, 15, Cruz, 12, and six-year-old daughter Harper with his wife Victoria - at Barry's Bootcamp. She continued: "My friend [designer] Julien Macdonald was like, 'You, me and David are going to go and work out at Barry's Bootcamp'". However, the Pussycat Dolls band member thinks she will have to start training a lot harder before she joins David and Julien on a fitness class. She added: "Though I might have to shape up first." Nicole has revealed she also enjoys going for a run on her own to get in the "right head space", and to make sure she is not spotted by fans she hides under a pair of glasses and a hat. She said: "[To get] in the right headspace. I put glasses on and a hat, no one can keep up with me." And the star has joked if a passer-by notices her she "runs off fast". She explained: "And if people recognize me, I run off fast". Nicole has admitted Italy is her favorite place to go to when she wants a relaxing retreat. She said: "Italy has something special in the air. Venice, Florence, Portofino, Verona, Rome, Capri - I love them all. "It's home to my heart and my spirit." - Bangshowbiz

