

## Socializing with the right people



The people surrounding us and who we allow to enter our lives and stay say so much about ourselves. Regardless of the type of relationship, whether it was a partnership, friendship and so on, it all indirectly affects us and how we become. It's human nature to meet new people almost every other day, and experience their impact in our lives, even if it was in the simplest forms, such as a smile. I've met so many people throughout my life, sometimes I think back about it and say "I could've dealt with them differently".

The reason is that, I sometimes can be extremely naive, and I admit that a lot. However, if you think about it, believing people and who they say they are isn't naive, is it? I can't tell nowadays to be honest. My number one rule to who I associate myself with is that they always had to be genuine people. I don't care what they do as a living, how they live their lives, what decisions they make, any other character is really irrelevant to me. As long as you're being honest about who you are, even if it was admitting to being a bad person, I respect that, and respect you. At least you were honest!

We usually don't notice the gradual changes that occur when we start associating ourselves to

different types of people, for example, I've always loved listening to other people's stories and all about their experiences and obstacles they face, because I always wanted to help out, however, I never really thought about how that would affect me in the long run. I started being more aware of the problems and how people can be cruel to people, and the more I heard about their issues the more I started being negative and extremely cautious about meeting new people and socializing. So, I started to believe that sometimes, and to many people, our relationships with friends, partners and so on can really change the way we see things about people and life in general. It's not intentional that you change but your brain automatically picks up the energy from the people around you and starts adapting to how they are.

### Positive energy

This is why it's extremely important to socialize with the right people, by right I meant the people who inspire you to do better and become a better individual. If our friends and partners encouraged us to do good and to see good in others. Energy is something we pick up throughout our lives, and

you choose what energy to pick up from the people around you, and it's more positive and healthy to be around those who want to see you succeed and grow, who want you to change for the better, and most importantly see the good in you.

We should always be careful with who we mingle with. Enjoy your time, have fun with everyone and learn from their mistakes, but never allow someone to bring you down or make you feel like you're not good enough for anything you want to do, whether it was in your personal or work life. You also need to be ok with the idea of being yourself and spending time for yourself to plan and organize what you want to do in the long run and set a plan. If you're dependent on others, it's a weakness, because it is only when you're with people that you'll do well or it can have a negative effect on how you see things and your enthusiasm. No one knows your full potential other than yourself because it's you how will be doing all the work and putting in all your efforts to achieve your goal and dream.

## OSN presents incredible line-up of television as The Emmy Awards and blockbuster movies take centrestage in September



This September will see OSN, the region's leading pay-TV network, roll out its best-to-date programming. The first-class line-up of fantastic television has something for the whole family as another action-packed season of comedies, thrillers, kids films, gritty dramas and US talk-shows hit the screens.

One of this month's many highlights will be the 67th Primetime Emmy Awards. The ceremony will be held on Sunday, September 20, 2015 at the Microsoft Theater in Downtown Los Angeles, California, featuring a significant number of shows nominated to win that air exclusively on OSN. The Emmys will be telecast live on OSN First HD on September 21 at 03:00 (KSA).

Disney brings the best in kids' entertainment with the exclusive movie Descendants. Dove Cameron, Cameron Boyce and Booboo Stewart star in a present-day idyllic kingdom where the benevolent teenage son of King Adam and Queen Belle offer a chance of redemption for the trouble-making children of Disney's classic villains: Cruella De Vil (Carlos), Maleficent (Mal), the Evil Queen (Evie) and Jafar (Jay).

On the movies front there's plenty to choose from. Headlining the roster is The Avengers: Age of Ultron, starring Robert Downey Jr, in which a dormant peacekeeping programme goes horribly wrong and it's up to earth's mightiest heroes to stop the villainous Ultron from enacting his terrible plans. Meanwhile, action and adventure fans get set as two rebels - Max, a man of action, and Furiosa, who wants to make it back to her childhood homeland in a stark desert landscape where humanity is broken - look to restore order in the brilliant Mad Max: Fury Road.

OSN First HD provides the best in gripping dramas and reality TV shows. Brand new to OSN and showing at exactly the same minute as the US will be NBC's Blindspot, which follows an epidemic that breaks out in Atlanta, leaving the city quarantined and those stuck on the inside fighting for their lives. Viewers can watch the series from September 24 at 21:00 (KSA). Don't miss a single minute of the action as Series 2 of How to get away with Murder starts at the same time as the US on September 28 at 22:00 (KSA).

OSN First Comedy HD is the go to place for laughs as Season 1 of the crazy comedy, Benched, starring Nine Whitley, is premiered, along with Manhattan Love Story, as the unfiltered internal monologues of a young man and woman are exposed when they begin a new relationship together, both showing Monday-Wednesday from September 7 at 19:00 and 19:30 (KSA).

Among the hit shows returning to the screens is Emmy-award winning series, Downton Abbey, with Season 6 set to start on September 22 at 22:00 (KSA) at the same time as the UK. Hit music and talent reality show, The Voice, returns for Season 9 on September 22 at 19:00 (KSA), while from September 24 at 22:00 (KSA), watch Season 2 of the awesome drama, Empire, which sees a father diagnosed with a neurodegenerative disease choose one of his three sons to take over when he dies.

Lastly, this month's finales features Season 10 of Supernatural in which two brothers join-up to fight unearthly beings, finishing September 13 at 21:00 (KSA).



File photo shows AR Rahman holds the Oscars for best original score and for best original song 'Jai Ho' for his work on 'Slumdog Millionaire' during the 81st Academy Awards in the Hollywood section of Los Angeles. — AP

## Indian composer: Music for Prophet film done in good faith

Oscar-winning composer AR Rahman has said that he did not intend to offend anyone when he composed the music for an Iranian film on the Prophet Muhammad (PBUH). Rahman, who is hugely popular in India, was responding to a religious edict, or 'fatwa', by a Muslim organization against him and the Iranian director of the film, Majid Majidi. The big-budget film, "Muhammad: The Messenger of God", was released in Iran earlier this year and at the Montreal World Film Festival last month.

In a message on his Facebook page, Rahman says his decision to compose the music was made in good faith and with no intention of causing offense. In the message, Rahman said the intention of the film was to "unite humanity, clear misconceptions and spread ... (the) message that life is about kindness." The film has stirred controversy in several Arab countries on account of its theme. Islamic law generally opposes any depiction of the prophet, even favorable ones, for fear it could lead to idolatry.

The Mumbai-based Raza Academy has urged Muslims not to watch the movie, calling it a "mockery" of Islam. It ordered Rahman to reaffirm his faith by reciting the tenets of Muslim belief and repeating his marriage vows, to re-establish his status as a Muslim. Similar orders were passed against Majidi as well. In the fatwa, that was issued last week, the Academy demanded that the Indian government ban the screening of the film, which narrates the story of the Prophet's life from birth to the age of 13.

Since he began composing music for films in 1992, Rahman has composed music and background scores for about 130 films in several Indian languages. In 2009, he received Academy awards for best song and original score for the film "Slumdog Millionaire." He has also composed the background scores for Hollywood films, "127 Hours," "Million Dollar Arm" and "Hundred Foot Journey," also collecting a BAFTA award, two Grammy Awards and a Golden Globe for his work. The 48-year-old musician was born a Hindu, but converted to Islam in 1989 and adopted the name Allah Rakha Rahman. — AP

## From Japan to Kuwait and for the first time

Special opening of the first Pansy Shoes branch in Salmiya



In the presence of his Excellency the Ambassador Toshihiro Tsujihara the Ambassador of Japan in Kuwait and the delegation accompanying his Excellency, Engineer Thari Al-Juwaisiri General Manager of Al-Kuthban Kuwait General Trading and Contracting Company accompanied by Engineer Hani Samir Faraj the Executive Director of Sakura Pansy Company and in the presence of local media, press, and the Japanese community in Kuwait, the grand opening of the first Pansy Shoes branch was held in Kuwait.

This is the first step in the field of Japanese shoes manufacture, where Pansy Shoes are mostly handmade and manufactured to perfection with renowned Japanese craftsmanship.

Made from the best materials that are treated against bacteria and germs, Pansy shoes are known as products for the extremely health-conscious generation. Also, Pansy Shoes use the 3-Point Air-technology (for supporting the comfort of the foot) to provide the best of what the experts achieved in shoes-manufacturing, that guarantee superb walking-comfort. As for (Air Point) technology, it works on airing the shoes; so the foot stays cool even in high-temperature surroundings. In addition to these characteristics, Pansy Shoes are light-weight and the wearer feels no discomfort at all, when using any Pansy product.

Since these products are 100% Japanese, great attention is given to detail in Pansy's most-modern designs, which add the final aesthetic touch to the shoes. Pansy

products come in different colors that satisfy all tastes and every age-group.

Opening of the (Sakura Pansy) first branch at the Dana Center in Salmiya area is the first step in the expansion plans of Al-Kuthban Kuwait Company, the exclusive agent of Pansy Kuwait.

This step will be followed by other aggressive marketing strategies to include not only the Kuwait market, but the neighboring Gulf Countries as well.

The company is focusing on the importance of the local Kuwaiti market, and intend launching this unique product to cover the surrounding regions; during the years ahead.



In this Tuesday, Dec 16, 2014 file photo, actors Daniel Craig, left, and Rory Kinnear smile for photographers as they film a scene for the new James Bond film, Spectre, in London. — AP

## Young royals to attend world premiere of new James Bond film

It's not a stretch to say there'll be a few photographers at the October world premiere of the new James Bond film "Spectre." Not only will 007 star Daniel Craig and the film's other luminaries be there, they'll be joined on the red carpet by Prince William and his wife Kate and Prince Harry. Palace officials said yesterday the young royals will attend the film's Oct 26 opening at the Royal Albert Hall in London.

The opening will benefit the Cinema and Television Benevolent fund, a British charity. Cast members Naomie Harris, Monica Bellucci, Ralph Fiennes and Lea Seydoux are also expected. The film will open in Britain and Ireland the night of the premiere before opening later in other countries. The US premiere is set for Nov 6. — AP



Mariah Carey attends a ceremony honoring her with a star on the Hollywood Walk of Fame in Los Angeles. — AP

## Mariah Carey to direct holiday film in Cincinnati

A Cincinnati film commission has announced that singer and actress Mariah Carey will be filming a Christmas movie in the region. WCPO-TV reports the Greater Cincinnati Film Commission said Tuesday the singer and actress is set to star in "Melody & Mistletoe" in Cincinnati starting in October. The made-for-TV movie will air on the Hallmark Channel Dec 19. Carey also will be directing the movie with an executive producer.

The commission last week announced that an action film starring Bruce Willis is slated to begin filming in Cincinnati at the end of September. Kristen Schlotman, executive director of the Greater Cincinnati Film Commission, says they are "ecstatic" to have another movie filmed in the city. — AP