



EXPERIENCE RAMADAN ATMOSPHERE WITH SHERATON KUWAIT, FOUR POINTS

Sheraton Kuwait, a Luxury Collection Hotel and Four Points by Sheraton Kuwait invite you to indulge through an exceptional dining experience during your enchanting Ramadan nights; filled with the authentic flavors of Ramadan combined with an indigenous atmosphere for Iftar, Ghabgas, and Suhour in its renowned restaurants or a prominent dining experience in the Crystal ballroom.

Take in the flavors of Ramadan through the various dining offers; "a la carte" in the international Al Hambra restaurant in Sheraton Kuwait, from sunset until 1:00am and Asseef in the Four Points, from sunset until 11:30pm. The English Tea Lounge it's delightfully elegant English tea, light snacks, selection of coffee and other beverages all to provide you with an enchanting atmosphere during this holy month, from sunset until 1:00am daily. The Crystal Ballroom will be transformed into the essence of Ramadan for traditional and exquisite aromas for Iftar, Ghabgas and Suhour.

The exceptional flavors will continue with array of cuisines offered at the Grand Avenue, The Avenues. Sheraton Kuwait's marvelous restaurants; Le Tarbouche, Shahrayar, and Bukhara will all have a set menu plus the option of "a la carte" to best suit your appetite from sunset until 1:00 am; as well as a buffet at the international Al Hambra restaurant. The English Tea Lounge in the Avenues will be open from 8:00 pm until 1:00 am during Ramadan.

In addition, Area Director and General Manager of Sheraton Kuwait, A Luxury Collection Hotel, Fahed Abushaar, would like to take this opportunity to wish everyone a Ramadan Kareem and blessed month, inviting you to savor the exceptional flavors in any of the hotel's dining venues and Crystal ballroom during this enchanting Holy Month of Ramadan.

US CONSULAR SERVICES MESSAGE

The Department of State's Bureau of Consular Affairs is currently experiencing technical problems with our overseas passport and visas systems. This issue is not specific to any particular country, citizenship document, or visa category. We apologize for the inconvenience and are working urgently to correct the problem and restore full operability.

US passport applications accepted overseas on or after May 26, 2015 are affected by this delay. If you applied for a US passport during this time frame and have travel plans within the next 10 business days, please consider requesting an emergency passport at the consular or embassy at which you originally applied. For information about how to apply for an emergency passport, please

contact the American Citizens Services Unit at kuwaitACS@state.gov.

PLEASE NOTE: Kuwait immigration authorities do not recognize US emergency passports as legitimate travel documents. While you may be allowed to depart Kuwait with a US emergency passport, you will not be allowed to enter Kuwait using one.

Applications for a US visa made after June 8, 2015 are also affected by this delay.

Nonimmigrant visa applicants who did not submit their DS-160 online application prior to June 9, 2015 should reschedule their interview appointments at www.ustraveldocs.com. Individuals with urgent travel requirements should go to www.ustraveldocs.com for more information.

DASMAN DIABETES INSTITUTE ORGANIZES WORKSHOP ON GESTATIONAL DIABETES



A National Workshop on Gestational Diabetes organized by the Dasman Diabetes Institute, which was founded by Kuwait Foundation for the Advancement of Sciences, in collaboration with the Ministry of Health has called for more attention to be given to the problem of gestational diabetes in Kuwait. The workshop brought together over thirty clinical experts and research scientists in the area of diabetes, obstetrics, pediatrics and epidemiology to review the global evolution of gestational diabetes and its implications in Kuwait.

The experts concluded that gestational diabetes is assuming epidemic proportions everywhere and they agreed that unless urgent action is taken to stem the problem in Kuwait much of the progress that has been previously achieved in the area of maternal and child health could be seriously set back by gestational diabetes. In Kuwait, as many as 15 percent of all pregnancies are already being affected by gestational diabetes. This is a significantly higher proportion than in Europe or North America where gestational diabetes is also a problem.

Malformation
Gestational diabetes is a temporary condition that some women develop during pregnancy and which goes into remission after delivery. During the pregnancy, however, gestational diabetes affects the development of

the fetus, can cause some malformation and make labor and delivery more complicated. Over the longer term, gestational diabetes can go on to place the mother at a higher than average risk of developing type 2 diabetes and it can also place the young child at greater risk

of early onset of obesity, type 2 diabetes and cardiovascular illness. Fortunately, much can be done to prevent gestational diabetes by ensuring that pregnant women maintain normal body weight before pregnancy and eat a healthy diet and maintain regular exercise dur-

ing their pregnancy. Even if the mother does develop gestational diabetes it can be very effectively managed if it is diagnosed early and followed by comprehensive antenatal care. Early diagnosis of gestational diabetes also gives time for the mother and the healthcare team to prepare for any possible complications at the time of labor and delivery.



Guidelines
In view of the urgency and growing nature of the problem in Kuwait, the workshop participants called for a review and updating of Kuwait's national policy and guidelines on gestational diabetes to incorporate newest scientific knowledge. They also called for more rigorous advocacy of the policy and guidelines so that all relevant healthcare staff involved in maternal and newborn healthcare are aware of them and adhere to them. The Dasman Diabetes Institute was asked to coordinate these efforts and work with the Ministry of Health in developing a national training program designed to bring healthcare staff up to date with new information and techniques on the management of gestational diabetes.

PATIENTS HELPING FUND ORGANIZES CANCER TREATMENT WORKSHOP AS PART OF ITS NATIONWIDE CANCER AWARENESS CAMPAIGN

The Patients Helping Fund Society (PHFS) recently hosted a workshop in collaboration with a diversified group of medical experts and Axios International; a global healthcare consulting firm, aiming to further optimize the cancer patient's journey especially when it comes to treatment's access. The workshop was held at the Crowne Plaza Hotel Kuwait as a part of PHFS's nationwide cancer awareness campaign entitled "Ro'ya" launched in collaboration with Novartis Oncology early this year under the theme of "Making their dreams a reality".

The workshop was attended by a diversified group of medical experts representing the multidisciplinary team including Dr Faisal Al-Sayegh - Consultant Internal Medicine and Clinical Hematology, Dr Abdul Aziz Ramadan - Senior Specialist Endocrinology at Mubarak Hospital, Ajeel Al-Touq - Head of the Medical Committee of PHFS, Dr Sabah Al-Mansour - Member at PHFS Medical Committee, Dr Abdul Rauf Al Shayeb - Member at PHFS Medical Committee, Taher Ibrahim - The First Medical Committee Member and Mahmoud Shaban - Member at PHFS Social Committee. That was in addition to a number of other healthcare providers including pharmacists and nurses.

Different aspects

The workshop addressed different aspects related to what a cancer patient or survivor may be going through during their fight against cancer. During the workshop, Axios international shared the patient journey roadmap and various steps of the cancer



patient's journey starting from diagnosis up to treatment access and follow up. The participants then discussed thoroughly the various phases to identify the key challenges and suggested new mechanisms to overcome these challenges. Following that, participants then had comprehensive discussions followed by a consensus of recommendations suggested to overcome the challenges across the patient's journey, including the role of the multidisciplinary team together with PHFS in supporting those patients.

Commenting on PHFS's initiative in hosting this workshop, Ajeel Al Touq said: "The Patients Helping Fund Society plays a major humanitarian role by exerting its utmost efforts in launching initiatives and awareness programs



to help those that are in dire need of help. We are proud to cooperate today with Axios to bring forth sustainable solutions to drive access to healthcare across Kuwait. Together, with Axios, we will be able to develop and implement one-of-a-kind strategies that create sustainable solutions for the changing healthcare industry, especially in the field of oncology."

Dr Al Touq added: "We at PHFS, constantly pledge to inform, educate and raise awareness on means to help cancer patients. For that, we thank Allah and all those who are supporting our initiatives including the Ministry of Health and Novartis Oncology for their superior efforts in helping to provide cancer patients with the medication they require to complete

their treatment that they cannot afford."

Raising awareness

This year-long campaign aims at raising people's awareness about the preventive measures and early detection methods to different cancer diseases, along with different ways patients can fight cancer and be productive to their society while pursuing their dreams.

"Ro'ya" focuses on educating and informing the public on ABC (Advanced Breast Cancer); CML (Chronic Myeloid Leukemia); MF (Myelofibrosis); NET (Neuroendocrine Tumors) and Acromegaly and has and will continue to have a variety of activities and lectures around the best ways the community can come

together and take action against these diseases.

The Patients Helping Fund Society is urging the public to join its efforts to help patients in "making their dreams a reality" in the fight against different cancer diseases. With the help of a growing base of supporters, greater awareness and fast tracking its comprehensive approach to fighting cancer, the organization is focused on its goal to cancer survival. PHFS's strategy combines funding scientific and medical research, building and sustaining public and institutional support, providing hope and support for individuals and families living with the disease, and raising awareness among thousands of people in communities across the country each year.



KUWAIT: National Bank of Kuwait (NBK) sponsored a ceremony organized by the Ministry of Education recently to honor top achieving high school graduates.