BBC entertainment

00:10 Eastenders
00:40 Call The Midwife
01:35 Spies Of Warsaw
03:10 Him & Her
03:40 My Family
04:15 The Weakest Link
05:00 The Green Balloon Club
05:25 Mr Bloom's Nursery
05:45 Show Me Show Me
06:05 Nina And The Neurons: In The Lab
06:20 The Green Balloon Club
06:45 Mr Bloom's Nursery
07:05 Nina And The Neurons: In The Lab
07:20 The Weakest Link
08:05 Come Fly With Me
08:35 Doctors
09:05 Eastenders
09:35 Call The Midwife
10:25 A Farmer's Life For Me
11:20 The Weakest Link
12:05 As Time Goes By
12:35 Come Fly With Me
13:05 Call The Midwife
14:00 A Farmer's Life For Me
14:50 As Time Goes By
15:20 Come Fly With Me
15:50 Doctors
16:20 Eastenders
16:50 The Weakest Link
17:35 As Time Goes By
18:05 Call The Midwife
19:00 Doctors
19:30 Eastenders
20:00 The Room At The Top
21:45 Friday Night Dinner
22:10 The Office
22:40 Starlings
23:25 The Weakest Link

BBC lifestyle

00:20 Extreme Makeover: Home Edition Specials
01:40 Antiques Roadshow
02:30 Kirstie Allsopp's Home Style
03:15 Tareq Taylor's Nordic Cookery
03:45 MasterChef
04:35 MasterChef
05:25 Chefs: Put Your Menu Where Your Mouth Is
06:10 Tareq Taylor's Nordic Cookery
06:35 Come Dine With Me
07:00 Antiques Roadshow
07:55 MasterChef
08:50 Masterchef: The Professionals
09:15 Masterchef: The Professionals
10:10 Antiques Roadshow
11:55 Come Dine With Me
12:20 Antiques Roadshow
14:10 Masterchef: The Professionals
14:40 Come Dine With Me
15:05 MasterChef
16:00 Masterchef: The Professionals
16:25 Masterchef: The Professionals
17:20 Antiques Roadshow
18:10 Phil Spencer: Secret Agent
18:15 Antiques Roadshow
19:10 Masterchef: The Professionals
20:00 Extreme Makeover: Home Edition Specials
21:20 Antiques Roadshow
22:15 MasterChef
23:05 Extreme Makeover: Home Edition Specials

Discovery Channel HD

00:20 Fast N' Loud
01:10 Ice Cold Gold
02:00 Ice Cold Gold
02:50 Yukon Men
03:40 The Liquidator
04:05 Storage Wars Canada
04:30 Game Of Pawns
05:00 How It's Made: Dream Cars
05:30 How Do They Do It?
06:00 Edge Of Alaska
06:50 Bike Battles
07:40 Fast N' Loud
08:30 The Liquidator
08:55 Storage Wars Canada
09:20 Game Of Pawns
09:45 How It's Made: Dream Cars
10:10 How Do They Do It?
10:35 Ice Cold Gold
11:25 Ice Cold Gold
12:15 Yukon Men
13:05 The Liquidator
13:30 Storage Wars Canada
13:55 Game Of Pawns
14:20 Edge Of Alaska
15:10 Bike Battles
16:00 Fast N' Loud
16:50 How It's Made: Dream Cars
17:15 How Do They Do It?
17:40 Gold Rush
18:30 Walking The Nile
19:20 Dual Survival
20:10 Storage Wars Canada
20:35 Game Of Pawns
21:00 Walking The Nile
21:50 Dual Survival
22:40 Asphalt Cowboys

Disney Channel

00:50 Sabrina: Secrets Of A Teenage Witch
01:15 Sabrina: Secrets Of A Teenage Witch
01:40 Wolfblood
02:30 Violetta
03:20 Sabrina: Secrets Of A Teenage Witch
04:10 Wolfblood
05:00 Violetta
05:50 Mouk
06:00 Lolirock
06:25 Hank Zipzer
06:50 Girl Meets World
07:15 H2O: Just Add Water
07:40 Jessie
08:05 Wizards Of Waverly Place
08:55 Sabrina: Secrets Of A Teenage Witch
09:20 Sabrina: Secrets Of A Teenage Witch
09:45 Austin & Ally
10:35 Wizards Of Waverly Place
11:25 Jessie
11:50 Jessie
12:15 Sabrina: Secrets Of A Teenage Witch
13:05 Good Luck Charlie
13:55 Dog With A Blog
14:25 H2O: Just Add Water
14:55 Lolirock
15:25 Austin & Ally
16:00 Jessie
16:30 Jessie
17:00 The Next Step
17:25 Liv And Maddie
17:50 I Didn't Do It
18:15 Mako Mermaids
18:40 Liv And Maddie
19:05 The Next Step
19:30 Lolirock
19:55 Hank Zipzer
20:20 Binny And The Ghost
20:45 H2O: Just Add Water
21:10 Good Luck Charlie

E!

00:00 The Grace Helbig Show
00:30 The Soup
00:55 Extreme Close-Up
01:25 Keeping Up With The Kardashians
02:20 E! News
03:15 Escape Club
04:10 E!ES
05:05 E!ES
06:00 Keeping Up With The Kardashians
06:55 Keeping Up With The Kardashians
07:50 Style Star
08:20 E! News
09:15 Giuliana & Bill
10:15 Giuliana & Bill
11:10 #RichKids Of Beverly Hills
12:05 E! News
13:05 House Of DVF
14:05 Extreme Close-Up
14:30 Style Star
15:00 Kourtney And Khloe Take The Hamptons
16:00 Kourtney And Khloe Take The Hamptons
17:00 Giuliana & Bill
18:00 Fashion Bloggers
18:30 Fashion Bloggers
19:00 THS
20:00 New Money
20:30 New Money
21:00 #RichKids Of Beverly Hills
22:00 E! News
23:00 Keeping Up With The Kardashians

food network HD

00:00 Chopped
01:00 Food Court Wars
02:00 Mystery Diners
03:00 Roadtrip With G. Garvin
04:00 Diners, Drive-Ins & Dives
05:00 Chopped
06:00 Diners, Drive-Ins & Dives
07:00 Roadtrip With G. Garvin
08:00 Chopped
09:00 The Big Eat...
10:00 The Kitchen
11:00 The Pioneer Woman
12:00 Chopped
13:00 Guy's Big Bite
14:00 Diners, Drive-Ins & Dives
15:00 Roadtrip With G. Garvin
16:00 Chopped
17:00 The Kitchen
18:00 Grandma's Secret Cookbook Special
19:00 Chopped
20:00 Diners, Drive-Ins & Dives
22:00 Roadtrip With G. Garvin
23:00 Diners, Drive-Ins & Dives

itv hd CHOICE

00:10 The Chase
01:05 The Hungry Sailors
02:00 Emmerdale
02:25 Brendan's Magical Mystery Tour
02:55 Coronation Street
03:25 Coronation Street
03:50 Gino's Italian Escape
04:20 Callie-Anne Cooks Into The Wild
05:15 Tom Daley Goes Global
06:10 The Hungry Sailors
07:05 Coronation Street
08:00 Gino's Italian Escape
08:25 Callie-Anne Cooks Into The Wild
09:20 Peter Andre's 60 Minute Makeover
10:15 Brendan's Magical Mystery Tour
10:40 The Chase
11:35 The Hungry Sailors
12:30 Tom Daley Goes Global
13:25 Emmerdale
13:50 Brendan's Magical Mystery Tour
14:15 Coronation Street
14:40 The Chase
15:35 Peter Andre's 60 Minute Makeover
16:30 Doc Martin
17:25 Breathless
18:20 Tom Daley Goes Global
19:10 Coronation Street
19:35 Peter Andre's 60 Minute Makeover
20:30 Doc Martin
21:25 Breathless

National Geographic Channel HD

00:00 Bid & Destroy
01:00 Banged Up Abroad
02:00 Wild Untamed Brazil
03:00 Wild Florida
04:00 Hard Time
05:00 Building Wild
07:00 The Living Edens
08:00 Bid & Destroy
09:00 Banged Up Abroad
10:00 Wild Untamed Brazil
11:00 Ancient Secrets: Witch Hunter's Bible
12:00 Blowdown
13:00 80s: The Decade That Made Us
14:00 Mega Factories
15:00 Inside
16:00 Ultimate Survival Alaska
17:00 Dead End Express
18:00 Breakout
19:00 Inside
20:00 Ultimate Survival Alaska
21:00 Dead End Express
22:00 Breakout
23:00 Ancient Secrets: Witch

OSN FIRST HD COMEDY

00:00 Last Man Standing
00:30 The Daily Show With Jon Stewart
01:00 Last Week Tonight With John Oliver
02:00 Black-Ish
02:30 Parks And Recreation
03:00 Cristela
03:30 Cougar Town
04:00 Hot In Cleveland
04:30 The Tonight Show Starring Jimmy Fallon
05:30 My Name Is Earl
06:00 My Boys
06:30 Community
07:00 Late Night With Seth Meyers
08:00 Hot In Cleveland
08:30 My Name Is Earl
09:00 Cristela
09:30 About A Boy
10:00 The Mindy Project
10:30 Community
11:00 The Tonight Show Starring Jimmy Fallon
12:00 My Boys
12:30 Hot In Cleveland
13:00 My Name Is Earl
13:30 Community
14:00 Cougar Town
14:30 About A Boy
15:00 The Mindy Project
15:30 The Daily Show With Jon Stewart
16:00 The Nightly Show With Larry Wilmore
16:30 My Boys
17:00 Late Night With Seth Meyers
18:00 Cristela
18:30 Cougar Town
19:00 Wilfred
19:30 The Mindy Project
20:00 The Tonight Show Starring Jimmy Fallon
21:00 The Daily Show With Jon Stewart
21:30 The Nightly Show With Larry Wilmore
22:00 Modern Family
22:30 Modern Family

OSN FIRST HD

00:00 Red Band Society
01:00 Graceland
02:00 True Detective
03:00 Defiance
04:00 Suits
05:00 Criminal Minds
06:00 Red Band Society
09:00 Criminal Minds
10:00 Suits
11:00 Graceland
12:00 Emmerdale
12:30 Coronation Street
13:00 The Ellen DeGeneres Show
15:00 Red Band Society
16:00 Emmerdale
16:30 Coronation Street
17:00 The Ellen DeGeneres Show
19:00 Criminal Minds
20:00 State Of Affairs
21:00 The Flash
22:00 The Americans
23:00 Defiance

OSN FIRST MORE

01:00 Good Morning America
03:00 Castle
05:00 Good Morning America
07:00 Emmerdale
07:30 Coronation Street
08:00 The Ellen DeGeneres Show
09:00 Prison Break
10:00 Emmerdale
10:30 Coronation Street
11:00 The Ellen DeGeneres Show
12:00 24
13:00 Grey's Anatomy
14:00 Live Good Morning America
16:00 Prison Break
17:00 24
18:00 Grey's Anatomy
19:00 Prison Break
20:00 24
21:00 Grey's Anatomy
22:00 Castle
23:00 The Voice

OSN MOVIES ACTION

00:00 Shanghai Knights
02:00 The Wicked Within
04:00 Terminal Velocity
06:00 Judge Dredd
08:00 The Recruit
10:00 Rage
12:00 Judge Dredd
14:00 Shanghai Knights
16:00 The Recruit
18:00 Kill Em All
20:00 Rage
22:00 Reign Of Fire

OSN MOVIES HD ACTION

00:00 The Wicked Within-PG15
02:00 Terminal Velocity-PG15
04:00 Judge Dredd-PG15
06:00 The Recruit-PG15
08:00 Rage-PG15
10:00 Judge Dredd-PG15
12:00 Shanghai Knights-PG15
14:00 The Recruit-PG15
16:00 Kill Em All-PG15
18:00 Rage-PG15
20:00 Reign Of Fire-PG15
22:00 The Sanctuary-PG15

OSN MOVIES HD COMEDY

00:00 Doctor Dolittle
02:00 Wallace & Gromit: The Curse Of The Were-Rabbit
04:00 High Road
06:00 Schuks! Your Country Needs You
08:00 Mafia!
10:00 Wallace & Gromit: The Curse Of The Were-Rabbit
12:00 Schuks! Your Country Needs You
14:00 The Life Aquatic With Steve Zissou
16:00 Mafia!
18:00 Imogene
20:00 Raising Helen
22:00 A Case Of You

OSN MOVIES DRAMA

01:00 Penthouse North-PG15
03:00 Collaborator-PG15
05:00 Knockout-PG15
07:00 Diana-PG15
09:00 Atlas Shrugged Part 2: The Strike-PG15
11:00 Knockout-PG15
13:00 Ashes-PG15
15:00 Heaven's Door-PG
17:00 Atlas Shrugged Part 2: The Strike-PG15
19:00 What Maisie Knew-PG15
21:00 Devil's Knot-PG15
23:00 The Iceman-18

OSN MOVIES HD FESTIVAL

01:30 Chasing Mavericks
04:00 Unstrung Heroes
06:00 The Joy Luck Club
08:30 There Be Dragons
10:30 Heart Of The Country
12:30 Unstrung Heroes
14:30 For Greater Glory
17:00 The Magic Of Belle Isle
19:00 Not Fade Away
21:00 Salinger
23:30 Twice Born

OSN MOVIES HD

01:00 Insidious: Chapter 2-PG15
03:00 Step Up Revolution-PG15

SHANGHAI KNIGHTS ON OSN MOVIES ACTION

05:00 Hercules-PG15
07:00 Muppets Most Wanted-PG
09:00 Last Passenger-PG15
10:45 The Amazing Spider-Man 2-PG15
13:15 Playing For Keeps-PG15
15:00 Belle-PG15
17:00 Last Passenger-PG15
19:00 22 Jump Street-PG15
21:00 Tammy-PG15
23:00 Anchorman 2: The Legend Continues-PG15

OSN MOVIES HD KIDS

01:00 The Legend Of Secret Pass
02:45 Dinosaur Island
04:15 Earth To Echo
06:00 Christmas Is Here Again
07:45 Happy Feet
09:45 Sir Billi
11:15 Minuscule: Valley Of The Lost Ants
12:45 Dinosaur Island
14:15 The Adventures Of Rocky And Bullwinkle
16:00 The Olsen Gang In Deep Trouble
18:00 Sir Billi
20:00 True Story Of Puss'n Boots
21:45 The Adventures Of Rocky And Bullwinkle
23:30 The Olsen Gang In Deep Trouble

OSN MOVIES HD PREMIERE

00:00 Maximum Conviction-PG15
02:00 Ninja: Shadow Of A Tear
04:00 Planet 51-PG
06:00 High Moon-PG15
08:00 Killer Reality-PG15
09:45 Ong Bak 3-PG15
11:30 Man Of Steel-PG15
14:00 Marvel's Hulk vs. Thor & Wolverine-PG
16:00 Killer Reality-PG15
18:00 Run For Your Wife-PG15
20:00 Baggage Claim-PG15
22:00 The Grand Budapest Hotel

OSN SPORTS 1 HD

01:00 AFL Premiership Highlights
02:00 PGA Tour Highlights
03:00 The Open Championship Highlights
07:00 Golfing World
12:00 Live ICC World T20 Qualifier
19:00 NRL Full Time
19:30 The Open Championship Highlights
20:00 IndyCar Highlights
21:00 Live Darts World Match Play

OSN SPORTS 2 HD

00:30 World Match Racing Tour Highlights
03:00 Live WWE Raw
07:00 World Match Racing Tour Highlights
09:00 Golfing World
10:00 Darts World Match Play
15:00 WWE Raw
23:00 NRL Full Time

OSN SPORTS HD CRICKET

00:00 Caribbean Premier League H/L: Trinidad & Tobago v Jamaica
07:00 Live BAN v SA, 1st Test, Day 1
16:15 Live ICC WT20 Qualifier: Play off 2
19:45 ICC WT20 Qualifier H/L : Play off 1

HISTORY

00:00 American Restoration
01:00 Pawn Stars
02:00 American Pickers
03:00 American Restoration
04:00 Shipping Wars
05:00 American Pickers
06:00 American Restoration
07:00 Mountain Men
08:00 Ax Men
09:00 Duck Dynasty
09:30 Duck Dynasty
10:00 Ice Road Truckers
11:00 Counting Cars
11:30 Counting Cars
12:00 American Restoration
12:30 American Restoration
13:00 Storage Wars
13:30 Storage Wars
14:00 Pawn Stars
14:30 Pawn Stars
15:00 Shipping Wars
16:00 Pawn Stars
16:30 Pawn Stars
17:00 American Pickers
18:00 American Pickers
19:00 Storage Wars
19:30 Storage Wars
20:00 Duck Dynasty
20:30 Duck Dynasty
21:00 Pawn Stars
21:30 Pawn Stars
22:00 Storage Wars Texas
22:30 Storage Wars Texas
23:00 Barry'd Treasure

TLC HD

00:45 Strange Love
01:10 Strange Love
01:35 Extreme Cheapskates
02:00 90 Days To Wed
02:50 Say Yes To The Dress
03:40 Brides Of Beverly Hills
04:30 Cake Boss
05:00 Little People, Big World
05:30 Extreme Couponing
06:00 Say Yes To The Dress
06:25 Cake Boss
07:15 Say Yes To The Dress
08:05 Little People, Big World: Big Changes
08:55 Sister Wives
09:45 Cake Boss
10:10 Little People, Big World
10:35 Extreme Couponing
11:00 Toddlers & Tiaras
11:50 Your Style In His Hands
12:40 Cake Boss
13:30 Oprah Prime
14:20 Oprah Presents: Master Class
15:10 Cake Boss
15:35 Little People, Big World
16:00 Toddlers & Tiaras
16:50 Say Yes To The Dress
18:05 Extreme Couponing
18:30 Brides Of Beverly Hills
19:20 Something Borrowed, Something New
19:45 Something Borrowed, Something New
20:10 Cake Boss
21:00 My Strange Addiction
21:50 New Body, New Style
22:40 Extreme Cheapskates
23:05 90 Days To Wed

CN Cartoon Network

03:20 Total Drama World Tour
04:05 Ninjago: Masters Of Spinjitzu
04:28 Ninjago: Masters Of Spinjitzu
04:50 Teen Titans Go!
05:10 Grojband
05:35 Grojband
06:00 Regular Show
06:40 Uncle Grandpa
07:00 Adventure Time
07:25 Steven Universe
07:35 Steven Universe
07:45 The Amazing World Of Gumball
08:10 Ben 10
08:55 Ninjago Master Of Spinjitzu New
09:15 Regular Show
09:27 Regular Show
09:40 The Amazing World Of Gumball
10:00 Uncle Grandpa
10:25 Total Drama World Tour
11:10 Adventure Time
11:30 Johnny Test
12:15 Teen Titans Go!
12:27 Teen Titans Go!
12:40 Regular Show
13:25 Clarence
13:45 Uncle Grandpa
14:10 Grojband
14:30 Total Drama: All Stars
14:55 Ben 10: Omniverse
15:15 Ben 10: Omniverse
15:40 Ninjago Master Of Spinjitzu New
16:00 Matt Hatter New
16:25 Steven Universe
16:36 Steven Universe
16:45 Teen Titans Go!
17:10 The Amazing World Of Gumball
17:30 Regular Show
18:15 Adventure Time
18:40 Johnny Test
19:25 Clarence
19:45 Uncle Grandpa
19:57 Uncle Grandpa
20:10 Teen Titans Go!
20:55 Ben 10: Omniverse
21:17 Ben 10: Omniverse
21:40 Adventure Time
22:13 Adventure Time
22:25 Johnny Test
23:10 Regular Show

Disney Junior

03:10 Henry Hugglemonster
03:20 Calimero
03:35 Zou
03:45 Loopdidoo
04:00 Art Attack
04:25 Henry Hugglemonster
04:35 Calimero
04:50 Zou
05:00 Loopdidoo
05:15 Art Attack
05:35 Henry Hugglemonster
05:50 Calimero
06:00 Zou
06:15 Loopdidoo
06:25 Limon And Oli
06:35 Art Attack
07:00 Calimero
07:10 Zou
07:25 Minnie's Bow Toons
07:30 Jake And The Never Land Pirates
07:55 Sofia The First
08:20 Sheriff Callie's Wild West
08:45 Loopdidoo
08:55 Limon And Oli
09:10 Doc McStuffins
09:35 Mickey Mouse Clubhouse
10:00 Sofia The First
10:25 Nina Needs To Go
10:30 Jake And The Neverland Pirates
10:55 Runaway Shuffle/Surfin' The Whirlpool
11:20 Doc McStuffins
11:45 Henry Hugglemonster
12:00 Henry Hugglemonster
12:15 Mickey Mouse Clubhouse
12:35 Sheriff Callie's Wild West
13:00 Sofia The First
13:25 Loopdidoo
13:40 Limon And Oli
13:50 Cars Toons
13:55 Jake And The Never Land Pirates
14:20 Runaway Shuffle/Surfin' The Whirlpool
14:45 Messages From Miles
14:50 Doc McStuffins
15:15 Sofia The First
15:40 Mickey Mouse Clubhouse
16:05 Nina Needs To Go
16:10 Lilo & Stitch
16:35 Adventures Of The Gummi Bears
17:00 Chip n Dale Rescue Rangers
17:25 Ducktales
17:50 Jake And The Neverland Pirates
18:00 Runaway Shuffle/Surfin' The Whirlpool
18:25 Messages From Miles
18:30 Sofia The First
18:55 Nina Needs To Go
19:00 Jake And The Never Land Pirates
19:30 Loopdidoo
19:45 Doc McStuffins
20:00 Adventures Of The Gummi Bears
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20:55 Cars Toons
21:00 Chip n Dale Rescue Rangers
21:25 Ducktales
21:50 Lilo & Stitch
22:15 Zou
22:30 Art Attack
22:55 Limon And Oli
23:05 Henry Hugglemonster
23:20 Calimero
23:35 Zou
23:50 Loopdidoo
00:05 Art Attack
00:30 Henry Hugglemonster
00:45 Calimero
01:00 Zou
01:15 Loopdidoo
01:30 Art Attack
01:55 Henry Hugglemonster

INSIDIOUS: CHAPTER 2 ON OSN MOVIES HD