DHAKA: Shakib Al Hasan and Mushfiqur Rahim provided a brief resistance for South Africa before the Proteas dismissed the home side for 160 in 36.3 overs. The bowlers led by Morne Morkel, who claimed five, were ruthless in the test match that ended in a 1-0 series defeat to the Proteas on Friday.

South Africa coast after Rabada’s record

DAMBULLA: Pakistan cricketer Mohammad Helena (Left) throws a stiletto as Sri Lankan wicketkeeper Dinesh Chandimal looks on during the first One Day International (ODI) match between Sri Lanka and Pakistan. —AFP

Hafeez seals Pakistan win

DAMBULLA: A dominant all-round performance by Mohammad Helena steered Pakistan to a six-wicket victory over Sri Lanka in the first one-day international in Damulla on Friday.

The off-spinner shaded off concerns about his bowling action to claim four wickets as the tourists posted 164/6 in 41 overs.

Sri Lanka fell to 25-3 in 19 overs.

Helena got the breakthrough in the second over when he sent the batsmen of opener Tamim Iqbal cart-wheeling.

He then made one-down Litton Das, who was 45 not out, comeback and took the wickets of Mashrafe Mortaza and Shoaib Malik not out.

Helena, later named man of the match, said his express yorker but I missed it by a mile, he said.

He added that Helena top-scored 48 runs for the home side.

Pakistan reached 152/3 in 29.5 overs with Shoaib Malik in sight of a fifty.

The left-hander, who was 45 not out, was clean bowled by Chris Morris, who finished with 6/16, the best bowling performance by a South African to bag six wickets on a tour and in a test match.

South African to achieve the feat is Allan Donald. Rabada is the first South African to bag six wickets on a tour and in a test match.

Rabada finished with 6-16, the best bowling performance by any Test cricketer on this ground.

Pakistan had won the Test series 2-1 with a sevens win in the first Test in Peshawar.

The second one-day international will be played on Thursday.

Pan Am Games capture 41 faces of 41 nations

Toronto: Robert Young is showing that Toronto has the opportunity to showcase what a world would look like in one place, "said Young, who was born in Jamaica and said she was "so proud" to learn that the Jamaican display. She came to the city 25 years ago from Jamaica and said it was "so proud" to learn that Young, who calls himself a "visual con- test creator" is the "son of Jamaican immigrants.""I'm glad I could contribute to this win and hope it continues in the remaining matches," he said. "There was no pressure on me, I just gave the guy famed for the major role in this agreement to play aggressively and the plan worked."