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Researchers understand that aspirin plays an important role in the prevention of cardiovascular disease and that it is widely used across all ages and ethnic groups. But questions about their aspirin regiment, including whether the dose of the drug is high enough to reduce the risk of heart attack or stroke, remain unanswered.

Researchers found that regularly taking low-dose aspirin could reduce the risk of pancreatic cancer. The study, entitled “Relation of Use of Risk and of Pancreatic Cancer,” was recently published in the Journal of Clinical Epidemiology, Biomarkers & Prevention.

Pancreatic cancer is a relatively rare form of cancer, seen in one in 60 Americans, or about 37,000 cases a year. The American Cancer Society estimates that 34,250 people were diagnosed with it last year, with 30,280 of them dying. Researchers advised the 8 percent of the population living with HIV has gone down since 2001, but the number of new diagnoses has not suffered from the disease. The study participants were enrolled from 30 Connecticut hospitals from 2007 to 2011. The probe did find an increased risk among those who took high-dose aspirin intensively—in 12 or more tablets a week.